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Relationship of Family Function with Intimacy Needs and Marital Disaffection

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ABSTRACT

The aim of the present study is the Relationship of family function with Intimacy Needs and marital disaffection married teacher women in Babol city. The study way is descriptive and correlation. Statistical population of the present study is the total study population consisted of all married teacher's women of the Babol city of in educational year 2016-2017 that of these, 200 people were selected and answered to the intimate needs, tools of Family test and the scale of marital disaffection. Research data by were analyzed correlation using software SPSS24. Research results show that, there was a significant inverse relationship between family function, intimacy needs with marital disaffection of Married teacher women in Babol city. According to the results, it can be concluded that the healthy family function among Married teacher women, make more the intimacy needs and make less the marital disaffection.

Keywords: family function, intimacy needs, marital disaffection, married women.

1. Introduction

The family is a natural organization that serves different patterns of communication over time. These patterns form the family structure and rather than determining the role of family members, can determine the scope of each of its members and facilitate exchange of views between them. Appropriate Performance and relationships of family is essential to health, family and community (Ghamari and Khoshnam, 2011). What happens within the family and how it can be a key factor in the development of current and future flexibility and reduce the risks associated with adverse events and inappropriate conditions (Silborn & demayo & atvn & grifin, 2006). Family performance related to how of family relations, interactions and preserve of relationships, how to make decisions and solve problems of family members (Sylbvrn et al., 2006). It is believed that all human has a basis and intimate need to Intimate relationships. Intimacy are considered a primary psychological need (Khoda Bakhsh, Kiyani, Noori and Khasto, 2014). On the other hand, Psychologists defined intimacy as an ability to communicate (unchecked), and express emotions (no inhibition) ¬and know it from normal human conditions ¬ (Bulum, 2006). Intimacy is Feeling Closeness, establishment Relationship Mutual and Attachment at Relation. One of factors that effect on marital Quality, is the amount of Intimacy at Marriage that is determine factor ¬ for you to have Strong Family and marital connections (GHaderi, Refahi and Bghban, 2015). Lack of intimacy suggests that the relationship is underperforming. The creation of discord and conflict between husband and wife is natural. Because of the nature of the couple's interaction ¬ sometimes they go ¬ that’s the difference ¬ and then the couple ¬ They feel anger, disappointment, and dissatisfaction with each other ¬ As a result decreased marital intimacy. The other variables that seem to occur in relations between spouses is disaffection marital. When don’t occure Romantic expectations will fellow Frustration feeling directly to spouse and causing the decline of love and commitmentand disaffection will be a substitute for love. Disaffection marital is a Painful Exhaustion, Physical, emotional and Psychological State and Affected who expect the dream love and marriage make Sense to their lives (Soudani, Dehghani, Dehghan zadeh, 2013).

2. Literature Review

disaffection when updated that couples slowly find out that behavior of their spouse It's is not something that had anticipated before and So from to existence Coming This Feeling Frustration comparison their spouse before and later from marriage they do and after that negative feelings dominant and lead to the loss of initial enthusiasm, emotional dependency, commitment, and, eventually, disaffection (Pokorska, J., Farrell, A., Evanschitzky, H., & Pillai, 2003). Marital disaffection caused by the mismatch between expectations and reality, and the amount of that depends on the compatibility of the couple and their beliefs is gradual and rarely happens suddenly (Asadi, Khodabakhshi and Fathabadi, 2013). An overview of domestic and foreign research shows that family performance and marital intimacy have a reverse meaning on marital disaffection. Asfanjir, Ramazani and the Gavanmard (2016) shows in a research That There are direct and Positive Relation among Performance Family with component of marital disaffection

(Physical, Emotional and Psychological). Research Results of Ebadat Pour and Others (2013) show That Family performance, Spiritual Beliefs have Negative and Meaning Impact on decrease of marital disaffection. Goudarzi (2013) with the study showed that couples therapy with communication approach compared to the control group improves couple's performance also reduces the amount of marital disaffection.

Tsapelas, Aron. & Orbuch (2016) at a research showed that current marital disaffection Is Predictive factor for future marital satisfaction and current disaffection leads losing intimacy and emotional separation of couples.

Niles (2015) three factor of additional responsibility burdan, conflicting demands and family obligations intrduced as factors lead to escalation marital disaffection. Parcover. Mettrick. Parcover & Griffin-Smith (2011) at a research achieved to This Result That teaching to Family with Attention to this approach cause increaseing marital satisfaction and decreaseing mismatch. Founds of Research Heejeong and Partners (2008) showed that marital dissension is one high risk factor for Physical and Psychological health among spouses that causes inefficiency in family.

The stability of the family during different historical period's implications for the functioning of these institutions. Experts believe that a healthy society composed of healthy families and family health conditions is healthy relationships and proper functioning of this institution. But in recent centuries, the incidence and spread of many individual problems, social and other injuries and deviations is due to dysfunction of the family. According to the above the main question is whether the family function with intimacy needs and marital disaffection of married teacher's women in Babol city? In this study, we will examine this question.

Hypotheses

1. There is relationship between the family function with intimacy needs of married teacher's women in Babol city.
2. There is relationship between family function with marital disaffection of married teacher's women in Babol city.
3. There is relationship between the intimacy needs and marital disaffection of married teacher's women in Babol city.

3. Methodology

The plan of this research due to the nature of the research is descriptive and correlational. Statistical population of the present study is the total married teacher's women of the Babol city of in educational year 2016-2017 that of these, 200 people have been selected as sample. Method of sample making is stratified random that is done base on classification of schools. The research instrument used is the marital intimacy needs questionnaire Bagarozzi (2001) scale couple brunt measurement (CBM) Pines (2011) and questionnaire Tool test family of Epstein and et al. (1983; quoted from Sayyar, Raheb and Aqlima, 2012).

4. Finding

4-1. Descriptive findings showed that:

- At the age of respondents indicated that among all respondents, aged 30 years old or younger, the lowest (%5.2) And the age group 46 to 50 years, most (34.5 Percent).
- In the case of respondent's education, indicate that % 61.5 of respondents had a bachelor degree, %18 Diplomat and %20.5 Masters Degree and higher.
- In the case of respondent's job indicate that the company (5.5 Percent), Contract (13 Percent), the Convention (43.5 Percent) and formal (38 Percent) .

According to Kolmogorov-Smirnov test, the variables study at a significance level of 0.05 are normally distributed. Thus, according to data normality was used parametric test.

4-2. Correlation analysis test

First hypothesis: There is relationship between the family function with intimacy needs teacher's women in Babol city.

Table 1: The result from Relation family function with intimacy needs

Variables	Scale of Variable	Correlation	Sig.
family function with intimacy needs	Distance - Distance	0. 561**	0.001

Table (1) the examination of the relationship between the family function with intimacy needs of married teacher's women in Babol city showed that the relationship between family function with intimacy needs at error level smaller than 0.01 and 0.99 reliability Bearing means (r=0.561; P= 0.001).

The second hypothesis: There is relationship between the family function with marital disaffection of married teacher's women in Babol city.

Table 2: The result from Relation family function with marital disaffection

Variables	Scale of Variable	Correlation	Sig.
family function with marital disaffection	Distance - Distance	- 0.431 **	0.001

Table (2) the examination of the relationship between the family function with marital disaffection of married teacher's women in Babol city showed that the relationship between performance of family and marital disaffection at error level smaller than 0.01 and 0.99 reliability have means (r=0.431; P= 0.001).

The third hypothesis: There is relationship between the marital Intimacy and marital disaffection of married teacher's women in Babol city.

Table 3: The result from Relation the intimacy needs - marital disaffection

Variables	Scale of Variable	Correlation	Sig.
intimacy needs - marital disaffection	Distance - Distance	- 0. 674**	0.001

Table (3) the examination of the relationship between the intimacy needs and marital disaffection of married teacher's women in Babol city showed that the relationship between the intimacy needs and marital disaffection at error level smaller than 0.01 and 0.99 reliability have means (r=0.674; P= 0.001).

5. Discussion & Conclusion

The aim of the present study is the impact of family function with intimacy needs and marital pointlessness Married teacher women in Babol city. The results showed that there is a significant relasionship between the family function with intimacy needs of Married teacher women, which

means with healthier family function, the intimacy needs is better. This finding with the results of the research ¬ By Goudarzi (2013), Hey Jong And Et al. (2008) is aligned. In order to explain this finding, it can be said that family function is from Important Processes That impact on the intimacy needs. Basically can be said on satisfaction of couples one of effective factors is marital intimacy that is known one of indicator of health. Intimacy, is one Important and complicated aspect of marita relation that important factorshas role on it and can be affected by different untervension methods.

Research results show that, there is a significant inverse relationship between family function, marital disaffection of married teacher women in Babol city, meaning that with better family function, marital disaffection is reduced. This finding with the results of the research ¬By Asfanjir, Ramazani and Gavanmard (2016), Ebadat Pour and Others (2013) is aligned. At Explaining This Found can ¬ be said that low performance of family you can leds to frustration and disaffection from Marriage and degraded quality of Life. Family is Emotional and social unitary and a place to grow and change and evolution, damage knowing parts of family and Relationships Between them. If It's Members espesialy, wife and Husband Can Not Have a Healthy and Intimate relationship at the Family Environment, and do not solve problems of Family Affairs with Both ¬ Thinking of each other, Do not communicate with Their children, will have All This Marital Inconsistency Factors Marriage in a short time and This Down Family Performance Will Bring little by little marital disaffection.

Research results show that, there is a significant inverse relationship between the intimacy needs and marital disaffection of married teacher women in Babol city, meaning that with better intimacy needs, marital disaffection is reduced. This finding with results of Naderi and Azadmanesh (2012), Tsaplas And Et al. (2016) is aligned. in relation to This finding can be explained that those couples who has Higher Marital Intimacy may be has more ability at Encounter with problems and changes and at result do not suffered from marital incompatibility and disaffection and when have problem in their emotional and intimate relationships find the best way to solve the problem.

Due to this the findings showed that Married teacher women have more of family function with intimacy needs, have less marital disaffection recommended:

1.psicologist and consultants who are active in the field of women, attention to the intervention ¬associated with marital to be able with this education and intervention, increase family performancing and marital intimacy of these women and prevented disaffection risk.

2. For improvement family function can do educational and healing program in the consultation centers for couples and Family and meanwhile reinforcement performance dimensions of family, and prevent from many marital conflicts that led to damages like marital discontent and marital disaffection and from this way strength marital relationships and correlation the Family.

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